



Register for Classes any time online at

www.cityofsantamaria.org/register

FEES: When two fees are quoted e.g., \$33.50(R)/\$41.00(NR), the first is the discounted rate for City of Santa Maria residents, and the second is the standard fee for non-residents.



AQUATICS

**Paul Nelson Aquatic Center (PNAC)
at the Abel Maldonado Community
Youth Center: 600 S. McClelland St.**

Pool Closures: The Paul Nelson Aquatic Center will be closed on the following dates: June 8-14, July 4 (open for Rec Swim), and July 13-15

POOL RULES: For you and your family's protection and enjoyment, the Department asks for you to abide by the following rules:

1. **Swim suits required for those who plan to enter the pool.**
2. **No inflatable devices (water wings). Foam devices must be approved.**
3. **Approved waterproof swim diaper required**
4. **Shower before entering pool water.**
5. **Parent/guardian is required to be in the water with children under the age of 5.**

Public Swim Fees: Single entry fee per visit.
5 yrs. & under / 65 yrs. & up: FREE
6-16 yrs. \$1.50 | 17-54 yrs. \$3.00 | 55-64 yrs. \$1.50

Annual Pool Pass: Up to 6 family members per visit:
\$58 Annual pass holder must be present.

Individual Monthly Fitness and Pool Pass:
Access to AMCYC Fitness Center: \$35



Lap Swim (17 yrs. & up): Fees - Refer to Public Swim Fees.

Long Course 50M:

M,W,F 5:30-7:00 AM

Short Course 25 yds.:

M-Sa 12:00-1:30 PM | M-F 6:00-7:30 PM

Pool Party Rentals: To book a private pool party or for more information, please contact the Recreation and Parks main office at (805) 925-0951 ext. 2260.

Recreation Swim Information:

- **Must be 42" tall or accompanied by an adult**
- **Fees - Refer to Public Swim Fees**
- **Swim suits required for those who plan to enter the pool.**
- **Children 5 yrs. and under must be accompanied by an adults at all times in the water.**

FREE Recreation Swim: Bring your family and friends to our free swim and enjoy fun and sun at the Paul Nelson Aquatic Center. This free program is brought to you by PLAY, Inc. **Sunday June 30th, July 28th, and August 25th 12:30-3:30 PM**

Weekday Recreation Swim:

M,W,F 3:00-4:30 PM 05/01-06/07 Rec Pool Only
M-F 12:30-3:30 PM 06/17-08/09 Both Pools Open

Weekend Recreation Swim:

Sa 12:30-3:30 PM 05/04-08/31
Sa, Su 12:30-3:30 PM 06/15-08/31

Holiday Recreation Swim: Sunday May 27th, July 4th, and September 2nd, 12:30-3:30 PM

Important Swim Lesson Information:

- **Swim Lessons available for ages 3 yrs. & up**
- **Fee: \$35 (City Residents)/\$43.50 (Non-City Residents)**
- **Swim lesson registration deadline is 5:00 PM on the Wednesday prior to the first day of class**
- **Swim Lessons are offered every two weeks, run 9 days each and are 35 minutes in length each day**
- **For more information visit www.cityofsantamaria.org/register**

Important Parent and Child Class Information & Requirements:

- **Children ages 6 mos. - 3 yrs. eligible**
- **One parent per child must participate in the water each class session**
- **Waterproof swim diaper and swimsuit required**

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AQUATICS

Adaptive Aquatics: Aquatics instruction for children with disabilities. Class will provide basic safety skills to improve independent freedom of movement. Instruction will focus on improving range of motion, muscle strength, and water safety skills. *It is requested that each participant be accompanied by a partner in the water for all sessions. **5 yrs. & up.**

7589	4:00-4:35 PM	06/17-06/27
7590	4:00-4:35 PM	07/01-07/12
7591	4:00-4:35 PM	07/15-07/25
7592	4:00-4:35 PM	07/29-08/08
8207	4:30-5:05 PM	09/03-09/13
8208	4:30-5:05 PM	09/16-09/26
8209	4:30-5:05 PM	09/30-10/11

Parent and Child-Level 1: Under the guidance of the instructor, parents will work with their children on water adjustment, water entry and exit, exploring the pool, floating, bubbles, rolling over, and personal water safety. **6 mos.-3 yrs.**

7815	8:45-9:20 AM	06/17-06/27
7816	11:05-11:40 AM	06/17-06/27
7817	5:10-5:45 PM	06/17-06/27
7818	9:55-10:30 AM	07/01-07/12
7819	11:40 AM-12:15 PM	07/01-07/12
7820	5:45-6:20 PM	07/01-07/12
7821	9:55-10:30 AM	07/15-07/25
7822	4:35-5:10 PM	07/15-07/25
7823	9:55-10:30 AM	07/29-08/08
8244	5:40-6:15 PM	09/03-09/13

Parent and Child-Level 2: Under the guidance of the instructor, parents will work with their children on water adjustments, exploring the pool in shallow water, stepping/jumping in the pool, arm and kick strokes with support, underwater exploration, and exploration of front crawl and back crawl with support. **6 mos.-3 yrs.**

7825	9:55-10:30 AM	06/17-06/27
7826	11:40 AM-12:15 PM	06/17-06/27
7827	6:20-6:55 PM	06/17-06/27
7828	10:30-11:05 AM	07/01-07/12
7829	4:35-5:10 PM	07/01-07/12
7830	6:20-6:55 PM	07/01-07/12
7831	11:40 AM-12:15 PM	07/15-07/25
7832	6:20-6:55 PM	07/15-07/25
7833	11:40 AM-12:15 PM	07/29-08/08
7834	6:20-6:55 PM	07/29-08/08
7835	6:15-6:50 PM	08/12-08/22
8245	4:30-5:05 PM	09/16-09/26

Super Tot-Level 1: Introduction to water entry and exit, exploring the pool, floating, gliding, arm and leg movements with support, blowing bubbles, and water safety. **3-4 yrs.**

7839	10:30-11:05 AM	06/17-06/27
7840	4:35-5:10 PM	06/17-06/27
7841	9:55-10:30 AM	07/01-07/12
7842	4:00-4:35 PM	07/01-07/12
7843	5:10-5:45 PM	07/01-07/12
7844	6:20-6:55 PM	07/01-07/12
7845	10:30-11:05 AM	07/15-07/25
7846	4:00-4:35 PM	07/15-07/25
7847	4:35-5:10 PM	07/15-07/25
7848	6:20-6:55 PM	07/15-07/25
7849	9:55-10:30 AM	07/29-08/08
7850	11:05-11:40 AM	07/29-08/08
7851	4:35-5:10 PM	07/29-08/08
8249	4:30-5:05 PM	09/03-09/13
8250	5:05-5:40 PM	09/30-10/11

At Pioneer Valley High School

8189	1:00-1:35 PM	06/17-06/27
8190	1:00-1:35 PM	07/01-07/12

Super Tot-Level 2: Introduction to water entry using ladder, steps, or side. Opening eyes underwater, glides, front and back floats with support, treading water using arms and legs. Front crawl three body lengths with support and back crawl three body lengths with support. **3-4 yrs.**

7854	10:30-11:05 AM	06/17-06/27
7855	11:05-11:40 AM	06/17-06/27
7856	11:40 AM-12:15 PM	06/17-06/27
7857	5:10-5:45 PM	06/17-06/27
7858	9:20-9:55 AM	07/01-07/12
7859	10:30-11:05 AM	07/01-07/12
7860	11:05-11:40 AM	07/01-07/12
7971	4:00-4:35 PM	07/01-07/12
7862	5:10-5:45 PM	07/01-07/12
7864	9:55-10:30 AM	07/15-07/25
7865	11:05-11:40 AM	07/15-07/25
7866	11:40 AM-12:15 PM	07/15-07/25
7867	4:00-4:35 PM	07/15-07/25
7868	4:35-5:10 PM	07/15-07/25
7869	6:20-6:55 PM	07/15-07/25
7870	10:30-11:05 PM	07/29-08/08
7871	11:40 AM-12:15 PM	07/29-08/08
7872	4:00-4:35 PM	07/29-08/08
7873	5:45-6:20 PM	07/29-08/08
8251	6:15-6:50 PM	09/03-09/13
8252	5:40-6:15 PM	09/30-10/11

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AQUATICS

SUPER TOT-LEVEL 2 (CONTINUED)

At Pioneer Valley High School

8192	1:35-2:10 PM	06/17-06/27
8193	1:35-2:10 PM	07/01-07/12
8194	1:35-2:10 PM	07/15-07/25

Super Tot-Level 3: Introduction to jumping in the pool and bobbing. Students will independently demonstrate front and back floats, treading water, glides, front and back crawl five body lengths and water safety skills. 3-4 yrs.

7876	9:20-9:55 AM	06/17-06/27
7878	11:05-11:40 AM	06/17-06/27
7879	4:00-4:35 PM	06/17-06/27
7880	9:20-9:55 AM	07/01-07/12
7881	11:05-11:40 AM	07/01-07/12
7882	11:40 AM-12:15 PM	07/01-07/12
7883	4:35-5:10 PM	07/01-07/12
7884	5:45-6:20 PM	07/01-07/12
7885	8:45-9:20 AM	07/15-07/25
7886	10:30-11:05 AM	07/15-07/25
7887	11:40 AM-12:15 PM	07/15-07/25
7888	4:00-4:35 PM	07/15-07/25
7889	5:10-5:45 PM	07/15-07/25
7890	6:55-7:30 PM	07/15-07/25
7891	8:45-9:20 AM	07/29-08/08
7892	9:20-9:55 AM	07/29-08/08
7893	11:05-11:40 AM	07/29-08/08
7894	4:00-4:35 PM	07/29-08/08
7895	4:35-5:10 PM	07/29-08/08
7896	5:10-5:45 PM	07/29-08/08
7897	5:40-6:15 PM	08/12-08/22
8253	5:05-5:40 PM	09/16-09/26
8254	6:15-6:50 PM	09/30-10/11

At Pioneer Valley High School

8195	2:10-2:45 PM	06/17-06/27
8196	2:10-2:45 PM	07/01-07/12
8197	2:10-2:45 PM	07/15-07/25

Level 1-Water Exploration: Students will be introduced to water entry and exit, blowing bubbles, floating, rolling over, treading water, front and back crawl with support, water safety, and how to help others. 5-15 yrs.

7606	9:20-9:55 AM	06/17-06/27
7607	9:55-10:30 AM	06/17-06/27
7608	10:30-11:05 AM	06/17-06/27
7609	11:40 AM-12:15 PM	06/17-06/27

LEVEL 1 (CONTINUED)

7610	11:40 AM-12:15 PM	06/17-06/27
7611	4:35-5:10 PM	06/17-06/27
7612	5:10-5:45 PM	06/17-06/27
7613	9:20-9:55 AM	07/01-07/12
7614	9:55-10:30 AM	07/01-07/12
7615	10:30-11:05 AM	07/01-07/12
7616	11:40 AM-12:15 PM	07/01-07/12
7617	4:35-5:10 PM	07/01-07/12
7618	5:10-5:45 PM	07/01-07/12
7619	5:45-6:20 PM	07/01-07/12
7620	5:45-6:20 PM	07/01-07/12
7621	9:55-10:30 AM	07/15-07/25
7622	10:30-11:05 AM	07/15-07/25
7623	10:30-11:05 AM	07/15-07/25
7624	11:40 AM-12:15 PM	07/15-07/25
7625	4:35-5:10 PM	07/15-07/25
7626	5:10-5:45 PM	07/15-07/25
7627	6:20-6:55 PM	07/15-07/25
7628	9:20-9:55 AM	07/29-08/08
7629	9:55-10:30 AM	07/29-08/08
7630	11:40 AM-12:15 PM	07/29-08/08
7631	11:40 AM-12:15 PM	07/29-08/08
7632	4:35-5:10 PM	07/29-08/08
8269	5:45-6:20 PM	07/29-08/08
7634	4:30-5:05 PM	08/12-08/22
7635	6:15-6:50 PM	08/12-08/22
8214	6:15-6:50 PM	09/03-09/13
8215	5:05-5:40 PM	09/16-09/26
8216	5:05-5:40 PM	09/30-10/11
8217	5:40-6:15 PM	09/30-10/11

At Pioneer Valley High School

8158	1:00-1:35 PM	06/17-06/27
8163	1:35-2:10 PM	06/17-06/27
8164	2:45-3:20 PM	06/17-06/27
8165	1:00-1:35 PM	07/01-07/12
8166	1:35-2:10 PM	07/01-07/12
8159	2:45-3:20 PM	07/01-07/12
8167	1:00-1:35 PM	07/15-07/25
8168	1:35-2:10 PM	07/15-07/25
8160	2:45-3:20 PM	07/15-07/25
8169	2:45-3:20 PM	07/15-07/25

Saturdays at Pioneer Valley High School

8198	10:00-11:00 AM	07/06-07/27
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AQUATICS

Level 2-Primary Skills: Prerequisite: Completion of level 1 or equivalent skills. Students will be introduced to jumping in the water, blowing bubbles, submerging their head, floating on front and back, rolling over, treading water, front and back crawl five lengths, swimming on side with support, water safety, and how to help others. 5-15 yrs.

7641	8:45-9:20 AM	06/17-06/27
7642	9:20-9:55 AM	06/17-06/27
7643	9:20-9:55 AM	06/17-06/27
7644	9:55-10:30 AM	06/17-06/27
7645	9:55-10:30 AM	06/17-06/27
7646	9:55-10:30 AM	06/17-06/27
8338	10:30-11:05 AM	06/17-06/27
7647	11:40 AM-12:15 PM	06/17-06/27
7648	11:40 AM-12:15 PM	06/17-06/27
7649	4:00-4:35 PM	06/17-06/27
7650	4:35-5:10 PM	06/17-06/27
7651	5:10-5:45 PM	06/17-06/27
7652	5:10-5:45 PM	06/17-06/27
7653	5:45-6:20 PM	06/17-06/27
7654	6:20-6:55 PM	06/17-06/27
7655	6:55-7:30 PM	06/17-06/27
7656	8:45-9:20 AM	07/01-07/12
7657	9:20-9:55 AM	07/01-07/12
7658	9:55-10:30 AM	07/01-07/12
7659	9:55-10:30 AM	07/01-07/12
7660	10:30-11:05 AM	07/01-07/12
7661	11:40 AM-12:15 PM	07/01-07/12
7662	11:40 AM-12:15 PM	07/01-07/12
7663	4:00-4:35 PM	07/01-07/12
7664	4:35-5:10 PM	07/01-07/12
7665	5:10-5:45 PM	07/01-07/12
7666	5:45-6:20 PM	07/01-07/12
7667	6:20-6:55 PM	07/01-07/12
7668	6:55-7:30 PM	07/01-07/12
7669	8:45-9:20 AM	07/15-07/25
7670	9:20-9:55 AM	07/15-07/25
7671	9:20-9:55 AM	07/15-07/25
7672	9:55-10:30 AM	07/15-07/25
7673	10:30-11:05 AM	07/15-07/25
7674	11:40 AM-12:15 PM	07/15-07/25
7675	11:40 AM-12:15 PM	07/15-07/25
7676	4:35-5:10 PM	07/15-07/25
7677	5:10-5:45 PM	07/15-07/25
7678	5:45-6:20 PM	07/15-07/25

LEVEL 2 (CONTINUED)

7679	6:20-6:55 PM	07/15-07/25
7680	6:55-7:30 PM	07/15-07/25
7681	8:45-9:20 AM	07/29-08/08
7682	9:20-9:55 AM	07/29-08/08
7683	9:55-10:30 AM	07/29-08/08
7684	10:30-11:05 AM	07/29-08/08
7685	10:30-11:05 AM	07/29-08/08
7686	11:05-11:40 AM	07/29-08/08
7687	11:05-11:40 AM	07/29-08/08
7688	11:40 AM-12:15 PM	07/29-08/08
7689	11:40 AM-12:15 PM	07/29-08/08
7690	4:35-5:10 PM	07/29-08/08
7691	4:35-5:10 PM	07/29-08/08
7692	5:10-5:45 PM	07/29-08/08
7693	5:10-5:45 PM	07/29-08/08
7694	5:45-6:20 PM	07/29-08/08
7695	6:20-6:55 PM	07/29-08/08
7696	6:20-6:55 PM	07/29-08/08
7697	4:30-5:05 PM	08/12-08/22
7698	5:05-5:40 PM	08/12-08/22
7699	6:15-6:50 PM	08/12-08/22
8218	5:40-6:15 PM	09/03-09/13
8219	6:50-7:25 PM	09/03-09/13
8220	5:05-5:40 PM	09/16-09/26
8221	6:15-6:50 PM	09/16-09/26
8222	5:05-5:40 PM	09/30-10/11
8223	5:40-6:15 PM	09/30-10/11
8224	6:15-6:50 PM	09/30-10/11

At Pioneer Valley High School

8172	1:00-1:35 PM	06/17-06/27
8173	1:35-2:10 PM	06/17-06/27
8174	2:10-2:45 PM	06/17-06/27
8175	2:45-3:20 PM	06/17-06/27
8176	1:00-1:35 PM	07/01-07/12
8177	1:35-2:10 PM	07/01-07/12
8178	2:45-3:20 PM	07/01-07/12
8179	1:00-1:35 PM	07/15-07/25
8184	1:35-2:10 PM	07/15-07/25
8339	2:10-2:45 PM	07/15-07/25
8162	2:45-3:20 PM	07/15-07/25

Saturdays at Pioneer Valley High School

8199	10:00-11:00 AM	07/06-07/27
8200	NOON-1:00 PM	07/06-07/27

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AQUATICS

Level 3-Stroke Readiness: Prerequisite: Completion of level 2 or equivalent skills. Students will be introduced to jumping in deep water, diving, glides, floating, treading water for 30 seconds in deep water, front and back crawl 15 yards, elementary backstroke 15 yards, dolphin and scissor kick, water safety, and how to help others. 5-15 yrs.

7702	8:45-9:20 AM	06/17-06/27
7703	8:45-9:20 AM	06/17-06/27
7704	9:20-9:55 AM	06/17-06/27
7877	9:55-10:30 AM	06/17-06/27
7705	10:30-11:05 AM	06/17-06/27
7706	11:05-11:40 AM	06/17-06/27
7707	11:05-11:40 AM	06/17-06/27
7708	4:00-4:35 PM	06/17-06/27
7709	4:35-5:10 PM	06/17-06/27
7710	5:45-6:20 PM	06/17-06/27
7711	6:55-7:30 PM	06/17-06/27
7712	8:45-9:20 AM	07/01-07/12
7713	9:55-10:30 AM	07/01-07/12
7714	10:30-11:05 AM	07/01-07/12
7715	11:05-11:40 AM	07/01-07/12
7716	11:05-11:40 AM	07/01-07/12
7717	11:40 AM-12:15 PM	07/01-07/12
7718	4:35-5:10 PM	07/01-07/12
7719	6:55-7:30 PM	07/01-07/12
7720	8:45-9:20 AM	07/15-07/25
7721	9:20-9:55 AM	07/15-07/25
7722	9:20-9:55 AM	07/15-07/25
7723	9:55-10:30 AM	07/15-07/25
7724	10:30-11:05 AM	07/15-07/25
7725	11:05-11:40 AM	07/15-07/25
7726	11:05-11:40 AM	07/15-07/25
7727	5:45-6:20 PM	07/15-07/25
7728	5:45-6:20 PM	07/15-07/25
7729	6:55-7:30 PM	07/15-07/25
7730	8:45-9:20 AM	07/29-08/08
7731	9:20-9:55 AM	07/29-08/08
7732	10:30-11:05 AM	07/29-08/08
7733	10:30-11:05 AM	07/29-08/08
7734	11:05-11:40 AM	07/29-08/08
7735	5:45-6:20 PM	07/29-08/08
7736	6:20-6:55 PM	07/29-08/08
7737	6:55-730 PM	07/29-08/08
7738	4:30-5:05 PM	08/12-08/22
7739	5:40-6:15 PM	08/12-08/22



LEVEL 3 (CONTINUED)

8225	5:05-5:40 PM	09/03-09/13
8226	5:40-6:15 PM	09/03-09/13
8231	6:50-7:25 PM	09/03-09/13
8227	5:40-6:15 PM	09/16-09/26
8228	6:15-6:50 PM	09/16-09/26
8229	6:15-6:50 PM	09/30-10/11
8230	6:50-7:25 PM	09/30-10/11

Saturdays at Pioneer Valley High School

8201	11:00 AM-NOON	07/06-07/27
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Level 4-Stroke Development: Prerequisite: Completion of level 3 or equivalent skills. Students will be introduced to diving, swimming underwater 3 to 5 body lengths, floating, treading water, front and back crawl 25 yards, breast stroke 15 yards, elementary backstroke 25 yards, side stroke 5 yards, water safety, and how to help others. 5-15 yrs.

7742	8:45-9:20 AM	06/17-06/27
7743	11:05-11:40 AM	06/17-06/27
7744	4:35-5:10 PM	06/17-06/27
7745	5:45-6:20 PM	06/17-06/27
7746	6:20-6:55 PM	06/17-06/27
7747	6:55-7:30 PM	06/17-06/27
7748	8:45-9:20 AM	07/01-07/12
7749	8:45-9:20 AM	07/01-07/12

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AQUATICS

LEVEL 4 (CONTINUED)

7750	9:20-9:55 AM	07/01-07/12
7751	11:05-11:40 AM	07/01-07/12
7752	11:05-11:40 AM	07/01-07/12
7753	6:20-6:55 PM	07/01-07/12
7754	8:45-9:20 AM	07/15-07/25
7755	9:20-9:55 AM	07/15-07/25
7756	9:55-10:30 AM	07/15-07/25
7757	11:05-11:40 AM	07/15-07/25
7758	11:05-11:40 AM	07/15-07/25
7759	5:45-6:20 PM	07/15-07/25
7760	6:55-7:30 PM	07/15-07/25
7761	8:45-9:20 AM	07/29-08/08
7762	9:20-9:55 AM	07/29-08/08
7763	9:55-10:30 AM	07/29-08/08
7764	11:05-11:40 AM	07/29-08/08
7765	4:00-4:35 PM	07/29-08/08
7766	5:10-5:45 PM	07/29-08/08
7767	5:45-6:20 PM	07/29-08/08
7768	6:55-7:30 PM	07/29-08/08
7769	5:05-5:40 PM	08/12-08/22
7770	6:50-7:25 PM	08/12-08/22
8236	5:05-5:40 PM	09/03-09/13
8232	6:15-6:50 PM	09/03-09/13
8233	5:40-6:15 PM	09/16-09/26
8234	6:15-6:50 PM	09/16-09/26
8235	6:50-7:24 PM	09/30-10/11

At Pioneer Valley High School

8186	2:10-2:45 PM	06/17-06/27
8187	2:10-2:45 PM	07/01-07/12

Saturdays at Pioneer Valley High School

8202	NOON-1:00 PM	07/06-07/27
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Level 5–Stroke Refinement: Prerequisite: Completion of level 4 or equivalent skills. Students in this class will be introduced to dives with glides, front crawl and back crawl 50 yards, butterfly 25 yards, breast stroke 25 yards, side stroke 25 yards, elementary backstroke 50 yards, treading water for 5 minutes, flip turns, water safety, and how to help others. 5-15 yrs.

7776	9:20-9:55 AM	06/17-06/27
7777	10:30-11:05 AM	06/17-06/27
7778	5:45-6:20 PM	06/17-06/27
7779	6:20-6:55 PM	06/17-06/27
7781	8:45-9:20 AM	07/01-07/12
7782	10:30-11:05 AM	07/01-07/12

LEVEL 5 (CONTINUED)

7784	5:10-5:45 PM	07/01-07/12
7785	9:20-9:55 AM	07/15-07/25
7786	11:05-11:40 AM	07/15-07/25
7787	5:10-5:45 PM	07/15-07/25
7788	8:45-9:20 AM	07/29-08/08
7789	9:55-10:30 AM	07/29-08/08
7790	10:30-11:05 AM	07/29-08/08
7791	5:10-5:45 PM	07/29-08/08
7792	6:20-6:55 PM	07/29-08/08
7793	6:55-7:30 PM	07/29-08/08
7794	5:05-5:40 PM	08/12-08/22
7795	6:50-7:25 PM	08/12-08/22
8237	5:05-5:40 PM	09/03-09/13
8238	5:40-6:15 PM	09/16-09/26
8239	6:50-7:25 PM	09/16-09/26
8240	6:50-7:25 PM	09/30-10/11

Level 6–Fitness Swimmer: Prerequisite: Completion of level 5 or equivalent skills, and students must be able to swim 50 yards continuously. Students will be introduced to endurance swimming skills, swimming turns, how to use swim fitness equipment, swimming etiquette, and how to calculate heart rate. Students will need to provide their own swim paddles and swim fins (optional). 5-15 yrs.

7797	8:45-9:20 AM	06/17-06/27
7798	5:45-6:20 PM	06/17-06/27
7799	8:45-9:20 AM	07/01-07/12
7800	6:55-7:30 PM	07/01-07/12
7801	8:45-9:20 AM	07/15-07/25
7802	5:45-6:20 PM	07/15-07/25
7803	9:20-9:55 AM	07/29-08/08
7804	6:55-7:30 PM	07/29-08/08
7805	5:40-6:15 PM	08/12-08/22
8241	4:30-5:05 PM	09/30-10/11

Level 6–Personal Water Safety: Prerequisite: Completion of level 5 and must be able to swim 50 yards continuously. Students will be introduced to swimming endurance skills, swimming stroke turns, water and swimming survival skills. 5-15 yrs.

7808	6:20-6:55 PM	06/17-06/27
7809	9:20-9:55 AM	07/01-07/12
7810	6:20-6:55 PM	07/01-07/12
7811	8:45-9:20 AM	07/15-07/25
7812	5:10-5:45 PM	07/15-07/25
7813	8:45-9:20 AM	07/29-08/08
8243	6:50-7:25 PM	09/16-09/26

CITY OF SANTA MARIA JUNE-DECEMBER 2019 RECREATION GUIDE

For more information or to register for classes visit www.cityofsantamaria.org/register

When two fees are quoted e.g., \$33.50(R)/\$41(NR), the first is the discounted rate for City of Santa Maria Residents and the second is the standard fee for non-residents.

AQUATICS

Tween Class: Beginning swim class for teens with little to no experience in the water. Participants will be introduced to water entry using a ladder, steps or from pool side; opening eyes underwater, front and back floats with support, treading water using arms and legs, and more. **9-15 yrs.**

7780	6:55-7:30 PM	06/17-06/27
7863	6:55-7:30 PM	07/01-07/12

At Pioneer Valley High School

8191	1:00-1:35 PM	07/15-07/25
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Saturdays at Pioneer Valley High School

8203	10:00-11:00 AM	07/06-07/27
8205	11:00 AM-NOON	07/06-07/27
8206	11:00 AM-NOON	07/06-07/27
8204	NOON-1:00 PM	07/06-07/27

Junior Lifeguard Class: Prerequisite: Completion of level 6 or equivalent skills. Students will learn basic rescue techniques, improve stroke techniques, life fitness skills, team work, and much more. **9-15 yrs.**

7972	9:00 AM-NOON	06/17-06/27
7973	9:00 AM-NOON	07/15-07/25

Adult Swim Lessons: Learn the fundamentals of swimming or perfect stroke technique in a supportive environment. Class is tailored to each individuals needs. **16 yrs & up.**

7593	6:55-7:30 PM	06/17-06/27
7594	6:55-7:30 PM	07/01-07/12
7595	6:55-7:30 PM	07/15-07/25
7596	6:55-7:30 PM	07/29-08/08
7597	6:50-7:25 PM	08/12-08/22

8210	6:50-7:25 PM	09/03-09/13
8211	6:50-7:25 PM	09/16-09/26

♦ **Deep Water Walkin':** Use the natural resistance of the deep water to help strengthen muscles and give your heart the exercise it needs. **Swim attire required. Mon. & Wed., 5:30-6:30 PM. 16 yrs & up.**

Instructor: Bergstrom \$28.50(R)/\$35.50(NR)

7599	06/03-06/26
8213	07/01-07/29
7600	08/05-08/28
8273	09/04-09/25
8274	10/02-10/30

♦ **Shallow Water Fitness:** A low-impact water exercise class which promotes cardiovascular workout and strengthening of muscles with little resistance. **Swim attire required. Mon. & Wed., 11:00 AM-12:00 PM. 16 yrs & up.**

Instructor: Rosa \$28.50(R)/\$35.50(NR)

8247	07/01-07/29
8248	08/02-08/30
8270	09/04-09/25
8271	10/02-10/30
8272	11/04-11/27

♦ *Classes/programs provided by independent instructors, and are not City sponsored.*



ATTENTION SWIMMERS AND POOL USERS

**Do you and your family visit the pool frequently?
 Are you tired of waiting in line to enter the pool?
 Don't want to pay a daily entry fee every time you visit the pool?**
Skip the line and spend more time enjoying the pool!

Consider Upgrading to an Annual Pool Pass!

- Buy an Annual Pool Pass for \$58.00 and you and up to 6 family members are covered for the year!
- A Pool Pass is good for Rec Swim and Adult Lap Swim year round!
- Pay a one-time fee for the entire year (pass expires 1 year after purchase date.)

Visit the Abel Maldonado Community Youth Center for more information.